

Registration Form-Resolution Run

Name: _____ email: _____ 5K _____ Four-Legged-Friend Walk _____
Address: _____ Age: _____ Sex: _____
City: _____ Phone: _____ - _____ - _____ Shirt: S M L XL (circle 1)
State: _____ Zip: _____ as my entry fee. (\$15/Student, \$22/ Adult, \$25/ Dog/Partner before January 2)

I acknowledge that participation in this Event carries with it the potential for serious personal injury or death, and I hereby assume that risk. I certify that I am physically fit to participate in such activities. For myself and my executors, administrators, heirs, next of kin, successors and assigns and anyone else who might claim on my behalf, I hereby waive, release and discharge from any and all claims, losses, or liabilities for death, personal injury or sickness, partial or permanent disability, property damage, medical or hospital bills, or damage of any kind arising out of my participation in the Event the Highland Village Parks Foundation, City of Highland Village, the Medical Center of Lewisville, Lake Cities Cross Country, Terra Firma Promotions, LLC and their respective directors, officers, employees, agents and representatives, regardless of whether such claims, losses or liabilities are caused by the negligent acts or omissions of any person or entity.

Signature: _____ Date: ____/____/____

If under 18 years of age, parent or legal Guardian must sign below

Guardian's Signature: _____ Date: ____/____/____

Team Name: _____ Number of Participants: _____

Or register online at: www.terrafirmapromo.com



Proceeds from the 2010 Resolution Run 5K benefit the Highland Village Trail System.

The trail system will ultimately include more than 20 miles of trails connecting homes to schools, retail developments, municipal facilities and other areas of interest within Highland Village.

Proceeds from the Resolution Run will be used to purchase hydration stations for the trail system. The hydration stations include a pet watering feature, and a human drinking fountain.

To learn more about the City Trail System visit:

www.highlandvillage.org

To learn more about the 2010 Resolution Run sponsors visit:

Medical Center of Lewisville
www.lewisvillemedical.com

Highland Village Parks Foundation
www.HVPF.org

Terra Firma Promo
www.terrafirmapromo.com

City of Highland Village
www.highlandvillage.org



The City of Highland Village Resolution RUN 5k benefiting Highland Village Trail System

Saturday, January 16

8:00am Race Day Registration - 9:00am 5K Race Start - 9:05am Dog Race Start



The City of Highland Village

Resolution**RUN**

5k benefiting Highland Village Trail System

5K Run/Walk

& 5K Four-Legged-Friend Walk

Saturday, January 16

Highland Village Office Suites

Behind Wal-Mart, 1 block north of 407 on 2499

8:00am - Race Day Registration

9:00am - 5K Start 9:05am - Dog Start

When making your New Years Resolutions....resolve to be healthier, spend more time outdoors, have fun with your family and pets and give back to your community. The great news is...you can begin all of your resolutions by participating in this year's Resolution Run!



Register On-Line

www.terrafirmapromo.com

Or Register at the City of Highland Village

Parks & Recreation Office
1000 Highland Village Rd
972.317.7430

Or Mail Registration to:

Highland Village Parks
Foundation, PMB 125
6101 Long Prairie Rd, Ste. 744
Flower Mound, TX 75028

Registration Fees:

\$22 - Adult
\$15 - Students/Kids
\$25 - Dog & Partner Entry

Make checks payable to:

Highland Village Parks Foundation

Register by **January 2nd** and receive a long sleeve Resolution Run Shirt.

All dogs entered in the Four-Legged-Race are required to be on a leash(max 3').

The race will feature chip timing.

Prizes: Awards to Male, Female & Masters winners. Medals to top 3 in each age group: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+, and Largest Team